

OVERTON PUBLIC SCHOOL
P.O. Box 310, 401 7th St.
Overton, NE 68863-0310



Mark A. Aten, Superintendent
Brian Fleischman, Principal
Calli McCoy, Counselor
Clint Little, Activities Director

Phone (308) 987-2424

Fax (308) 987-2349

www.overtoneagles.org

Greetings from the Principal's Office

It seems like each year goes by faster than the previous. Is it really about time for volleyball sub-districts and football playoffs? Congratulations to the Volleyball Team on their FKC Tournament Runner-Up Finish. Good luck as the post season gets closer. Congratulations to the Football Team on their District Championship. Good luck to our One-Act team as they begin their performances. Congratulations to the marching band on their very successful marching season.

Upcoming Events:

October 18th: 11:30 Dismissal (P/T Conf. 1:30-7:30PM)
October 19th: NO SCHOOL
October 19th: FB vs. Elwood 7PM
October 20th: VB @ Arcadia/Loup City Tournament 10AM
October 23rd: VB @ Overton (Shelton/Amherst) 5/6/7PM
October 24th: Sophomores to CCC-Hastings
October 25th: 1st Round of FB Playoffs (TBD)
October 26th: VB @ Ravenna 6/7PM
October 27th: ACT Test Date @ Overton
October 29th: VB Sub-Districts @ Holdrege (TBD)
October 30th: VB Sub-Districts @ Holdrege (TBD)
October 31st: 2nd Round of FB Playoffs (TBD)
November 1st: VB District Finals (TBD)
November 2nd: One-Act @ Elm Creek
November 5th: HS Quiz Bowl @ Amherst 4PM
November 8th: JHWR @ Elm Creek 5PM
November 8-10th: State VB @ Lincoln
November 9th: No School – Teacher In-Service

Parent-Teacher Conferences:

Parent-teacher conferences are scheduled for Thursday, October 18th from 1:30 – 7:30 PM. School is dismissed at 11:30 on this day. Please make every attempt to attend conferences to discuss the progress your child is making in their classes. Positive communication and parental support is vital for student success.

Weather Reminders:

With the seasons changing, I would like to remind parents to help us by ensuring your child is prepared properly for the elements. Hats, gloves, heavy coats, boots, etc. need to be worn when necessary. We try to have outside recess as much as possible. A quick check of the weather in the morning will allow you to properly prepare your child for the day's weather. If there is snow on the ground, students need to have snow pants and boots to be able to play in the snow. If they do not have these, they will have to stay out of the snow at recess. Thank you for your help with this matter.

Reminder:

When students are going to be gone from school, they need to come to the office to get an advanced make-up slip. We also need a note from the parents stating the reason they will be gone. Homework must be done prior to the absence or it will be subject to grading as a late paper. Another reminder, if siblings wish to attend their older/younger siblings events, they need to bring a note from home at least 2-days prior to the event. They will also need to have their homework made up ahead of time. Please remember to call the school when your child is ill and will not be at school. This eliminates the school having to make phone calls to check on student absences. Thank you for your cooperation.

Educationally yours,

Mr. Brian Fleischman, Principal
308-987-2424 x206
brian.fleischman@overtoneagles.org

OVERTON PUBLIC SCHOOLS 24-0004
P.O. Box 310 401 7th Street
Overton, NE 68863-0310



Mark A. Aten, *Superintendent*
Brian Fleischman, *Principal*
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Clint Little, *Activities Director*

Phone: (308) 987-2121 • Fax: (308) 987-2349 • www.overtoneagles.org

October 1, 2018

Overton Eagle supporters,

On behalf of the students and staff of Overton Public Schools, we are inviting you to enhance our school lunch program! Overton Beef Boosters is a new venture that will allow us to offer locally raised beef to students. As beef producers, we know firsthand that the finest beef produced in the world is being raised right here in central Nebraska. We can provide our students and staff a healthy, locally sourced product, and ensure that our students have a firm grasp of how our local producers are providing high quality protein to the world.

The goal of this program is simple - secure enough donations (monetary or product) to meet the current beef needs of our lunch program. Overton Public Schools serves approximately 2000 pounds of beef each school year, currently sourced through commercial distributors. This represents a significant portion of the protein used in our current menu. In addition to supplementing our food service budget, this program also presents an opportunity to educate our students about where their food comes from.

To kick off this program, our family has made an initial donation of a quarter of beef from Spencer's 4-H Steer, and we have a second quarter available for anyone wishing to participate who doesn't have direct access to beef. All beef donations must be processed through Steakmaster in Elwood, as this is the closest USDA inspected processing facility in our area.

We will be serving our locally grown beef for the first time on Thursday, November 1st, starting at 11:30 AM. We hope to have local media present as well as representatives from Nebraska Cattlemen and the Nebraska Beef council. Our Overton FFA Chapter will be assisting in serving at this inaugural event. We invite anyone interested in learning more about this opportunity to join us for lunch. Please RSVP to Mr. Aten's office by October 29th if you plan to attend.

I am excited about this opportunity to bring locally raised beef into our school. If you are interested in supporting this effort, please contact Mr. Aten at Overton Public Schools. All donations, whether it be monetary or product, will be handled through the school like any of our other booster club funds. If you have questions about the program, please contact us via email at jared.walahoski@overtoneagles.org, or call Jared at 308-746-1965 or Kris at 308-730-1915. Please consider joining us by donating to enhance our learning environment at Overton Public Schools.

Sincerely,

Dr. Jared Walahoski, Secretary
Overton Board of Education

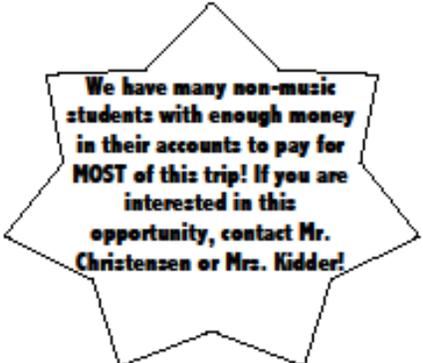
Kris Walahoski
RD, LMNT, CDE
Registered Dietitian

Spencer Walahoski
Overton Class of 2023
Summer Livestock 4-H

Music Trip Update

Re: Destination Change

This purpose of this note is to inform everyone of a change in destination for our Band and Choir trip in May 2019. While we had originally planned to go to San Antonio, TX to experience a number of historical and cultural sites, perform at the Alamo and Schlitterbahn Water Park, and participate in a music clinic, we will now be taking the Band and Choir to St. Louis, MO for many similar experiences.



We have many non-music students with enough money in their accounts to pay for MOST of this trip! If you are interested in this opportunity, contact Mr. Christensen or Mrs. Kidder!

The total cost and payment schedule for the St. Louis trip will remain the same as originally agreed to. The trip will begin on the same day as before (May 25), but we will now get home on May 28.

This change is largely due to a smaller number of students and sponsors going on this trip than had originally expressed interest and signed up last school year. Thus, the costs associated with the trip would otherwise rise by roughly 40%. To continue to plan for San Antonio would involve every trip attendee paying at least an additional \$300 *just in motor coach fees*. We feel that it is unreasonable to expect families to pay such a higher price, and so have decided to move the trip to a closer destination to cut transportation costs.

This trip will include the following activities (a more detailed itinerary will be provided to attendees at a later date):

- Performance at Six Flags on Memorial Day
- Master classes with professional instrumental and vocal performers and educators
- Six Flags amusement and water park
- Baseball Game: St. Louis Cardinals vs. Atlanta Braves
- St. Louis Zoo
- Broadway Show: *Come From Away*
- Gateway Arch tour
- Holocaust Museum
- Blues Museum
- Dinners at The Tin Roof (live music & Southern BBQ) and BB's Jazz Blues & Soups (live Blues music)

This new trip allows many of the same types of opportunities as before, but in a destination that is closer to home (with no overnight bus rides!) and is much more affordable for the size of group we have planned to attend.

PARENTS:

We are still looking for 2-3 sponsors for this trip! The Overton Music Boosters will pay \$200 toward the cost of each sponsor's trip. If you have a student going on the trip, or would like to support the Overton Music Program, please consider signing up!

If you would like to sign up for the trip or if you have any questions, please contact me. Thanks for supporting our community's musicians!

Mr. Christensen
chase.christensen@overtoneagles.org
308.987.2424x127

Here are just a few things that we are doing in the kindergarten room.



Practicing our sorting skills during Math.



We made our own butterfly wings after watching our caterpillar turn into a butterfly.



Using the iPads to work on IXL. We use IXL for Language Arts and Math.



Practicing our letter formations in Handwriting.



Center time we work on our social skills and sharing. We have 6 centers that we rotate through.



During Social Studies we talked about safety signs. Here we are making edible traffic lights.

Overton Upward Scholarships formerly known as

OVERTON DOLLARS
for SCHOLARS



*****REGISTRATION FORM *****

Overton Upward Scholarship Tournament

Saturday, December 1, 2018.

Overton High School

Registration deadline: November 19, 2018

(\$65 team registration fee or \$15 per participant, must accompany this registration form)

**Make checks payable to "Overton Upward Scholarships"
and mail your entry fee and registration form to:**

Overton Upward Scholarships

c/o Nancy Ginkens

P.O. Box 182

Overton, NE 68863

Weather announcements will be on KRVN and the Overton Public School website.

Tournament includes 6 divisions:

3rd & 4th grade boys

3rd & 4th grade girls

5th & 6th grade boys

5th & 6th grade girls

7th & 8th grade boys

7th & 8th grade girls

*Teams may have up to 5 players (players should compete within their grade level, but may 'play up' as needed...identical colored game shirts are recommended for each team)

*Depending on the number of teams registered for each division, we will follow a 'double-elimination' or 'round-robin' form (tournament brackets and rules will be mailed out the week of the tournament)

***Medals awarded** for 1st and 2nd place in each division, and all participants receive a free drink and a t-shirt at the end of the tournament.

*Unsportsmanlike conduct by players, coaches, and fans will not be tolerated. The team captain/coach will be responsible for the conduct of his/her team. Overton Schools and the Overton Upward Scholarships will not be held responsible for injuries or accidents.

Tournament START TIME 9:00 a.m.



Overton Upward Scholarships
Formerly known as Overton
Dollars for Scholars

*****REGISTRATION FORM *****

Overton Upward Scholarship 3 on 3 Tournament
Saturday, December 1, 2018
Overton High School

REGISTRATION DEADLINE: November 19, 2018

Team Name: _____

Coach: _____

Coach's Mailing Address: _____

Coach's Phone #: _____

Player #1 Name: _____

Grade: _____ Shirt Size: Youth S M L (Adult Sizes): S M L XL

Player #2 Name: _____

Grade: _____ Shirt Size: Youth S M L (Adult Sizes): S M L XL

Player #3 Name: _____

Grade: _____ Shirt Size: Youth S M L (Adult Sizes): S M L XL

Player #4 Name: _____

Grade: _____ Shirt Size: Youth S M L (Adult Sizes): S M L XL

Player #5 Name: _____

Grade: _____ Shirt Size: Youth S M L (Adult Sizes): S M L XL

Mail this completed form (with your \$65 team registration fee or \$15 per player) to:

Overton Upward Scholarships

c/o Nancy Ginkens

P.O. Box 182

Overton, NE 68863

Questions? Contact Nancy Ginkens (308) 987-2440 or Jill Luther 308-324-2366

START TIME 9:00 am. nancy.ginkens@overtoneagles.org or jill.s.luther@gmail.com

FFA

September and the beginning of October has been filled with our first competitions and preparation for our upcoming local and district events. Farm Safety week was September 17th - 21st. Our FFA Chapter promoted farm safety by talking to each of the elementary classes and giving them a safety activity booklet. We had such a fun time sharing our information with each class! Mrs. Williams' middle school ag. classes also made posters promoting safety and displayed them in the hallways.



Seniors Wyatt Kennelcutt, Braden Kizer, and Caleb Moore visiting classes during Farm Safety Week

Our first contest this year was District Range Judging in Cairo. Students attending were: Angel Brummet, Katriena Coover, Alex Hubbard, Cinch Kiger, Addison Luther, Siarra Potter, Wyatt Ryan, Nathan Seberger, Christian Smith, and Jacob Surridge. Part of the contest consists of identifying plant names, their life form, life span, origin, season of growth, livestock forage value, and growth form. Additionally, we were given an AUM and range map problem where we had to figure out how many animals we were able to put on a plot of land for a certain amount of time and management practices that needed to be implemented. The final part of the contest was identifying ecological sites by the soil texture and landscape, and identifying range plant diversity and degree of usage of the plants. We learned all of the material for this contest in our

Natural Resources class and Wyatt Ryan placed the highest, ranking 15th out of 169 participants in his division and received a green ribbon.



State Range Judging competitors

Wyatt, along with teammates Addison Luther, Alex Hubbard, and Siarra Potter made the trip to Imperial for the State Range Judging contest where they competed against almost 500 other students. Wyatt stated that his favorite part about range judging was that "It was fun and challenging at the same time and you never knew what you were going to see next!"

Students also traveled to Franklin for the District Land Evaluation contest. Students competing were Angel Brummet, Cinch Kiger, Abby Lawton, Addison Luther, Siarra Potter, Nathan Seburger, and Jacob Surridge. We were tasked with figuring depth of soil, surface texture, permeability, slope, thickness of surface soil, the amount of erosion that had occurred, the land capability class, and management/fertilizer recommendations. Siarra Potter brought home the top score from Overton and received a White Ribbon!



District Land Evaluation competitors

MEMBER OF THE MONTH



Congratulations for Wyatt Ryan for being selected as the October Member of the Month! Wyatt is our Chapter Sentinel and has played a significant role in planning our Chapter's Program of Activities and leading our chapter to success. Wyatt placed 15th at District Range Judging and he encourages others to join FFA because "there are a lot of chances to make yourself better as an individual and as a team player - and the trips you go on are fun!" Wyatt's favorite teams are the Huskers and the Chicago Bears! Congratulations Wyatt!



Follow us on Twitter: @OvertonFFA

~ Cinch Kiger ~

Overton FFA Vice President

UPCOMING FFA EVENTS

DATE	EVENT	WHERE - WHEN
10/22	Chapter Meeting	Mrs. Williams' Room - 6:00 pm
11/1	LDE Practices	Mrs. Williams' Room - 4:00 pm - 6:00 pm
11/2	Hayrack Ride/Bonfire	Starting @ School - 6:00 pm
11/5	Kick off for Fruit Sales Fundraiser	
11/6	District Livestock Evaluation	Buffalo Co. Fairgrounds - Time TBD
11/12	EDGE Conference (any 7th -12th)	Shelton - Leave at 4:00 pm
11/15	Teacher Appreciation Breakfast	School - Time TBD
11/15	LDE Practices	Mrs. Williams' Room - 4:00 pm - 6:30 pm
11/15	Chapter Meeting	Mrs. Williams' Room - 6:30 pm

The Overton FCCLA Officers recently attended the Nebraska Family, Career, and Community Leaders of America Fall Leadership Workshop. This annual event was held this year at the Holiday Inn and Convention Center in Kearney, Nebraska and featured over 530 students from all corners of Nebraska.

All students at this event heard from members of the State Officer Team, the State Peer Officer Team, and other chapter leaders about state and national programs, leadership development, and chapter management.

This year, Nebraska FCCLA has challenged all 100 Chapters to complete a “Battle of the Belts” community service project. We want to make Nebraska a safer place for all of our members, advisers, families and communities by promoting seat belt use and safe driving habits, such as avoiding driving under the influence. Nebraska FCCLA is part of the Drive Smart Nebraska Coalition, which includes various agencies and organizations that provide resources and speakers to support the conference. These include: CHI Health, Nebraska MADD, Project Extra Mile, Nebraska Department of Transportation Highway Safety Office, National Safety Council – Greater Omaha Chapter and Teens in the Driver’s Seat.

The Nebraska Army National Guard presented their H.E.A.R. project, which is a bullying prevention program for youth. Nebraska FCCLA continued to future college and career readiness by connecting with the University of Nebraska-Lincoln Department of Child, Youth and Family Studies to explore various options in the career field.

Attending from Overton were Lilly Nelms, Nathan Seberger, Rebecca Zeleski, Hannah Smith, Abby Lawton, Calli Weston, Angel Brummet and their adviser Angie Ehlers.



FKC ALUMNI VOLLEYBALL TOURNAMENT

On Saturday, October 13th the annual Overton alumni tournament was held at Overton Public School. Players and teams from around the conference came to participate. The Overton volleyball team helped with lines, score keeping, keeping the bracket up to date and keeping the tournament running smoothly. Six area FKC schools were represented at the tournament. A big thanks to everyone that took part in the day to make it a success!



FKC alumni participants, players, and the Overton volleyball team



Overton alumni



FKC tournament champ! WTG

OVERTON PUBLIC SCHOOLS

A NEBRASKA THURSDAYS STORY



SCHOOL SPOTLIGHT

Food service director:
Brenda Buchholz

Number of feeding sites:
1

Regional location:
Central Nebraska

Number of food service staff: 5

Number of students:
293

"Local" defined as:
Produced within Nebraska

▶ **26 TO 50%** OF FOOD IS MADE FROM SCRATCH

▶ OVERTON PUBLIC SCHOOLS HOPES TO INCREASE THIS PERCENTAGE IN THE UPCOMING YEARS

HOW WE GOT STARTED

"Several years ago, I passed a greenhouse/farmers market farm off the highway going to Lexington. It was owned by a family whose children go to our school. One day, I talked to the mother about purchasing some of their fresh produce, and the rest is history."

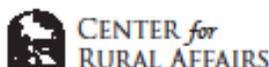
IMPACT OF BRINGING LOCAL FOODS TO MENU

"I have purchased some new equipment to help with processing. And, some additional training for kitchen staff and students concerning the school garden."



COMMUNITY PARTNERSHIPS

"Plum Creek Market Place, in Lexington, along with their produce manager have been instrumental in helping us locate local sources over the years. Recently, they helped us purchase tortillas from a local bakery with limited hours and where language was a barrier. Without this joint effort, we wouldn't have some of these items on our menus."



These institutions are equal opportunity providers.

WHERE WE PURCHASE

"We purchase from Plum Creek Market Place most often. We also use the school garden and school food distributor."



OUR SUCCESSES THIS YEAR

"Being able to serve a variety of freshly grown fruits and veggies, and starting our own school garden. Our future plan is to have our own greenhouse."



CENTER for
RURAL AFFAIRS



NEBRASKA
DEPARTMENT OF EDUCATION

These institutions are equal opportunity providers.



LOCAL FOODS FOR NEBRASKA SCHOOLS

DID YOU DO ANYTHING UNIQUE TO PROMOTE NEBRASKA THURSDAYS?

"Nebraska Thursdays were promoted on our Facebook page."

FAVORITE LOCAL FOOD TO USE ON THE MENUS

"Favorites are tortillas, watermelon, and tomatoes for their freshness."

HOW MUCH TIME DOES IT TAKE?

"It takes probably three to four hours per week purchasing, preparing, and promoting local food. Sometimes, I feel like a private detective following leads on local foods."

GOAL FOR NEXT YEAR

"The goal is to start using more local producers via farmers markets."

Daily Learning Planner

*Ideas parents can use to help children
do well in school*

Title 1 Cooperative
Educational Service Unit #10



THE PARENT
INSTITUTE

November 2018

Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Teach your child how to prepare nutritious after-school snacks.
- 2. Find a book or website that describes holidays around the world. Choose a new holiday for your family to observe, or invent one.
- 3. Let your child pick a color and try to spot it everywhere he goes today.
- 4. Resist the urge to schedule all of your child's time. Kids need downtime to think, imagine and play.
- 5. Watch a TV show with your child. Talk about decisions the characters made. What would your child have done?
- 6. Talk with your child about mistakes. Tell her that learning from mistakes makes people smarter.
- 7. With your child, learn more about an interesting news story.
- 8. Have a music-sharing night. Share your favorite music with each other. Talk about how it makes you feel.
- 9. Ask family members to write down two positive things about each member of the family. Read your lists aloud at dinner.
- 10. Help your child make her own dictionary with her spelling or vocabulary words.
- 11. Ask your child to write directions for making a sandwich. Then, follow them exactly.
- 12. Have your child look at a group of various objects on a tray. Then, have him close his eyes and name as many as he can remember.
- 13. Challenge your child to invent something that will make life easier.
- 14. At dinner, discuss the best and the worst parts of everyone's day. Give each family member a turn to share.
- 15. Show your child how to take her pulse. Have her jump up and down 15 times and take it again. Has it changed?
- 16. Talk to your child about ways to resist peer pressure to cheat.
- 17. Have everyone pitch in for a half-hour "blitz" of house cleaning. It teaches children responsibility.
- 18. Suggest that your child write a story from an unusual point of view, such as a birthday party from a present's point of view.
- 19. Ask your child to name his favorite sport. What does he like about it?
- 20. Make a special effort to reinforce manners today. Remind family members to say please, thank you and excuse me.
- 21. Talk with your child about a book she likes.
- 22. Make a list of all the things that make your family thankful.
- 23. Have your child read to you as you're cleaning up after dinner. Or read to your child as he cleans up!
- 24. At the grocery store, have your child compare two sizes of the same product. Which is the best buy?
- 25. Ask your child to name places where water is found.
- 26. Create a word search by hiding words in a grid and surrounding them with random letters. Let your child find the words.
- 27. Tell your child some family stories as you show her family pictures.
- 28. Ask your child which famous historical person he'd like to be. Why?
- 29. Challenge your child to do a secret good deed for someone.
- 30. Find a kid-friendly recipe. Help your child make it today.

Helping Children Learn
The Corollary: Can One Do Help Children Do Better in School?

*The days are flying by and the leaves have changed colors! I hope the students are back in the swing of things. If there are any questions or concerns please contact me. My email is calli.mccoy@overtoneagles.org
Happy Fall and Thanksgiving! -Mrs. McCoy*

Important Information for Seniors and Senior Parents

APPLY

Apply to the top three colleges you are considering attending.
Go to the Admissions webpage of the college of your choice, you will find all of the information you need.

SENIOR PICTURES

Just another reminder that senior pictures are due on December 1st!
A total of 6 pictures need to be given to to Mrs. McCoy.

1. Baby
2. Toddler
3. Elementary
4. Senior- Slideshow
5. Senior- Publication (the Beacon, Clipper, Composite) *Verticle
6. Senior- Yearbook *Verticle

Please label your pictures with your name (printed first & last), and which picture you would like to appear where. The closer up, head & shoulders shots are best for the papers. Pictures for the yearbook and the composite (entryway photo gallery) need to be vertical

FAFSA

Starting October 1, you can now file your FAFSA. Reminder to use your 2017 Tax information when you file. If you have any questions contact EducationQuest. They will try and answer the questions over the phone or set up a meeting and they will walk you through the steps and file it with you.

EducationQuest
2706 2nd Ave, Kearney, NE 68847
(308) 234-6310
<https://www.educationquest.org/>

WHAT CAN I DO ABOUT BULLYING AMONG CHILDREN?

Provided by: ADL's Education Division, A WORLD OF DIFFERENCE® Institute

MINUTES OF THE OVERTON PUBLIC SCHOOL BOARD OF EDUCATION
REGULAR MEETING
October 10, 2018
7:30 p.m.

Board President called the meeting to order. Members Present:

Brennan
Johnson
Luther
Meier
Rudeen
Walahoski

Notification: The October 10, 2018 meeting of the Overton Public School Board of Education was posted at the Overton Public School, on the Overton Public School web site, Beacon Observer, Post Office, and the Security First Bank.

Open Meetings Information: To be in compliance with LB 898, The Nebraska Open Meetings Act, Board President informed the public that a copy of the Open Meetings Law is posted near the LMC check-out counter.

Administration Present: Mark Aten, Superintendent and Brian Fleischman, Principal

Guests Present: None

Public Comments: None

Reports: None

Communications: Thank you (1)

Other: None

Action Items:

1. **Agenda** - Moved by Luther, seconded by Brennan to approve the agenda of the October 10, 2018 regular monthly board meeting as presented. Motion 6-0. Yes (6) Brennan, Johnson, Luther, Meier, Rudeen and Walahoski. No (0). Absent (0).
2. **Minutes** - Moved by Brennan, seconded by Johnson to approve the September 10, 2018 budget of expenditures and tax request hearings and the regular board minutes. Motion 6-0. Yes (6) Brennan, Johnson, Luther, Meier, Rudeen and Walahoski. No (0). Absent (0).
3. **Claims** - Moved by Meier, seconded by Walahoski to pay the October General Fund bills in the amount of \$120,086.58. Motion 6-0. Yes (6) Brennan, Johnson, Luther, Meier, Rudeen and Walahoski. No (0). Absent (0).
4. Moved by Johnson, seconded by Luther to approve the Overton Education Association (O.E.A.) as the official bargaining agent for the certificated staff for the 2020-2021 school year. Motion 6-0. Yes (6) Brennan, Johnson, Luther, Meier, Rudeen and Walahoski. No (0). Absent (0).
5. Moved by Johnson, seconded by Walahoski to adjourn at 8:57 p.m. Motion 6-0. Yes (6) Brennan, Johnson, Luther, Meier, Rudeen and Walahoski. No (0). Absent (0).

Board Reports and Discussion Topics:

1. Board Reports:

- a. Upcoming Meeting: NASB State Conference
- b. Negotiations Discussed time frame for first meeting
- c. Transportation Possible engine options for next school bus

2. Discussion Topics:

- a. November Board Meeting scheduled for Monday, November 12, 2018 beginning at 7:30 p.m.
- b. Beef in Schools Program
- c. Reviewed the budget and financial information
- d. BCBS new rates time frame

Administrative Reports:

Principal's Report:

- 1. School Calendar Update
- 2. School Enrollment Update
- 3. Assessment Dates

Superintendent's Report:

- 1. Enrollment Option Report

- 2. Option Enrollment-
 - a. Out - a.
 - b. In - a.
 - b.
 - c.
 - c. Change of Status a.

- 3. Financial Update
- 4. Budget Review
- 5. Projects Update
- 6. VW Bus Rebate Program Update
- 7. Certificates of Deposit Update
- 8. Dawson County tax and general election information

WHAT CAN I DO ABOUT BULLYING AMONG CHILDREN?

Provided by: ADL's Education Division, A WORLD OF DIFFERENCE® Institute

Research shows that bullying can begin in preschool and that adults play an important role in prevention and intervention (Barker, 2008). Bullying is the repeated actions or threats, by a person or persons who are perceived to have more power or status than the targeted individuals, with the intent to cause fear, distress or harm. Bullying occurs in various forms among young children including hitting or punching, teasing or name-calling, intimidation through gestures, social exclusion and damaging a person's belongings.

While some people may view bullying as "just a part of growing up," this behavior can have detrimental consequences. Bullying has the potential to escalate into more serious incidents of violence if left unchecked. The targets of bullying may be more likely than other children to have lower self-esteem and higher rates of loneliness, depression, anxiety and suicidal thoughts. Additionally, school attendance, academic achievement and emotional and physical health may suffer as a result of bullying. Research shows some of these emotional effects to be lasting and even carried over to adulthood.

The adults in young children's lives can do a lot to prevent and respond to bullying. To get you started, below are some tips:

_Take the issue of name-calling and teasing seriously. Rethink statements like, "Kids will be kids..." or "he didn't mean anything by that comment, he was just kidding."

_Be a role model. If children see that you gossip or engage in bullying behaviors, they will interpret it as permission to behave similarly.

_Use an anti-bias approach that promotes respect, fairness and cooperative learning and provide opportunities for children to develop anti-bias and conflict resolution skills.

_Work with children to develop ground rules and even a motto that communicates a commitment to address bullying, e.g., "All children should feel safe."

_Help children learn to be effective allies and provide time for them to learn the range of behaviors practiced by good allies. Recognize and reward ally behaviors when you see them. Develop a system to reinforce pro-social behavior, e.g. "caught you caring" or "good deed stars."

_When you see name-calling and teasing occurring, acknowledge it and point out that being the target of these incidents can be painful. Avoid downplaying what children say they are feeling or experiencing.

_Develop an action plan to ensure children know what to do when they observe an incident of name-calling or bullying. Help children move from being bystanders to taking action.

_Implement strategies to increase children's reporting of bullying such as taking time to listen and letting children know you are available to talk to them and to discuss issues they want to raise. Encourage children who are involved or witness name-calling or bullying to talk to you or another adult.

_Avoid blaming the target of bullying. Reinforce that the incident is not the targeted child's fault. Help other children offer words of kindness and support to targets of bullying.

_Provide children who engage in bullying behaviors with opportunities to discuss these behaviors and help them to develop more effective strategies for managing peer relationships such as cooperative learning and conflict resolution skills.



November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Cheer @ lunch. VB District Finals. One-Act 7PM.	2 Dec. ACT Reg. Deadline. FFA Pathways to Careers Conf. (GI). One-Act @ Elm Creek. FFA hayrack rides & bonfire.	3 FFA Pathways to Careers Conf. (GI).
4 Daylight Savings Time ends.	5 FCA 7AM. Student Council mtg. @ lunch. HS Quiz Bowl @ Amherst 4PM. FCCLA mtg. 6:30PM. One-Act 7PM.	6 FFA District Livestock Judging @ Kearney. Dance @ lunch. TE204 students 12:30-2:30PM. FB quarterfinals. One-Act 7PM.	7 Jazz Band 7:15AM. FFA officer mtg. @ lunch. FKC Quarterly mtg. 5:30PM.	8 Cheer @ lunch. State VB @ Lincoln. JHWR @ Elm Creek 5PM.	9 NO SCHOOL—Teacher In-Service. State VB @ Lincoln.	10 State VB @ Lincoln. Circle of Friends Craft Show, 9-2PM.
11 Holy Rosary Youth Turkey Dinner 11-1PM. American Education Week	12 FCA 7AM. 1st day of BB & WR Practice. Veterans program 10AM, coffee/rolls 9:30. FFA EDGE Conf. @ Shelton. Music booster mtg. 6PM. VB All-Conf. selection @ Elm Creek, 7PM. One-act 7PM. School board mtg. 7:30PM. FB Semi-Finals.	13 FKC Choral Clinic @ SEM. Dance @ lunch. JHWR @ Alma 2PM. One-Act 7PM.	14 Jazz Band 7:15AM.	15 FCCLA/FBLA/FFA Teacher Appreciation Breakfast /staff 7AM. 3rd gr. to Hastings Museum. Cheer @ lunch. JH Quiz Bowl @ Amherst 4PM. FFA LDE practice 4-6:30PM. FFA mtg. @ 6:30PM. Athletic booster mtg. 7PM. One-Act 7PM.	16 ACT WR field test closes. One-Act School Performance 1st period. FCCLA movie night, 7PM.	17
18 Community One-Act Performance 7PM.	19 FCA 7AM. Senior Citizen Thanksgiving lunch. State FB D2/D1/B. One-Act 7PM.	20 State FB C2/C1/A. Dance @ lunch. FKC One-Act @ Holdrege (Amherst).	21 NO SCHOOL.	22 Thanksgiving — NO SCHOOL.	23 NO SCHOOL.	24
25	26 FCA 7AM. Winter MAPS open. MTSS 3-4:5. FFA LDE practice 4-7PM. HS Quiz Bowl @ Overton 4PM. One-Act 7PM.	27 FFA Officer mtg. @ lunch. JHWR @ Overton 12:30PM. TE 204 students 12:30-2:30PM. Senior parent post prom mtg. 7:30PM.	28 Jazz Band 7:15AM.	29 Cheer @ lunch. GBBB vs. Arapahoe 4/5:30/7PM (Parent's Night).	30 GBBB @ Loomis 4:30/6/7:30PM. WR @ Elwood 3PM.	

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* = Breakfast ** = Pre-K Breakfast Milk served each meal. Milk & fruit served each PK meal.			ALT MEAL: Chicken patty sandwich	1 *Scrambled eggs & donut holes. **Scrambled eggs & banana muffin Beef & noodles, mashed potatoes, broccoli & cheese, jello, peaches, dinner roll	2 *Breakfast pizza K-4/9-12: Pepperoni pizza, 5-8: homemade pizza, salad mix, relish tray, applesauce, orange slices	3
4 ALT MEAL: Cheeseburger	5 *Tornados **Breakfast wrap Fried chicken, mashed potatoes & grave, corn, strawberries, apples, biscuits	6 *Glazed donut & sausage **English muffin & sausage Crisritos & cheese, shredded romaine, refried beans, jello, oranges	7 *Oatmeal bar & yogurt **Oatmeal & yogurt Soup bar, grilled cheese, relish tray, cottage cheese, peaches, applesauce	8 *Griddle Sandwich **Pancake & sausage Pizza burgers & mozzarella cheese, fries, California blend veggies, grapes	9 NO SCHOOL	10
11 ALT MEAL: Corn dogs	12 *Funnel cakes & ham **Ham & banana muffin Chicken fried steak, mashed potatoes & gravy, corn, peaches, oranges, biscuits	13 *Breakfast on a stick **Breakfast on a stick Potato soup, grilled ham & cheese, relish tray, jello, bananas	14 *Homemade breakfast pizza **Breakfast pizza Chicken stir fry, rice, stir fry veggies, pineapple mandarin oranges, rice krispie treat	15 *Breakfast sandwich **Breakfast sandwich Popcorn chicken, fries, gravy, jello, kiwi, texas toast	16 *Blueberry muffin Taco burger, salsa, shredded cheese, chips, seasoned beans, bananas, apples	17
18 NO ALT MEAL	19 *Donut holes & eggs **English muffin & eggs Roast turkey, mashed potatoes & gravy, green beans, relish tray, cranberries, sweet potatoes, dinner roll	20 *Applesauce bars & sausage **Applesauce bar & sausage Chicken patty Sandwich, fries, pickles, baked beans, applesauce, strawberries	21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL	24
25 ALT MEAL: Pizza	26 *Glazed donut & sausage **Blueberry muffin & sausage Spaghetti & meat sauce, salad mix, cottage cheese, peaches, pineapple, bread sticks	27 *Cheese stuffed pretzel & yogurt **Cheese stuffed pretzel & yogurt Taco bar, refried beans, shredded romaine, salsa, pears, applesauce	28 *Pancakes & sausage **Pancakes & sausage Pulled pork sandwich, fries, roasted carrots, apples, jello	29 *Breakfast wrap **Breakfast wrap Hot beef Sandwich, mashed potatoes & gravy, mixed veggies, bananas, grapes	30 *Chocolate donut & sausage Pigs in a blanket, chips, green beans, coleslaw, mandarin oranges, peaches	